Community One Walk Champion Volunteer Information Pack



Breakthrough T1D™
Formerly JDRF

What is a Breakthrough T1D Community One Walks?

Breakthrough T1D Community One Walks are local fundraising events that bring together families, friends, neighbours, colleagues, and local businesses to support everyone affected by type 1 diabetes (T1D). Walking together raises awareness of living with T1D, and builds a strong supportive community.

Community One Walks typically welcome 100 to 300 participants and aim to raise £10,000 towards vital, life-changing research.

Registration costs £5 per person, which includes a Breakthrough T1D t-shirt and finisher's medal. We encourage families to set a fundraising goal of £300, with those reaching the target receiving an exclusive Breakthrough T1D bucket hat as a thank you for their support.



The event day runs from 10:00am to 1:00pm, with the 4-5km walk starting at 11:00am. Alongside the walk itself, attendees can enjoy:

- Breakthrough T1D information, support and merchandise stands
- Children's activities and family entertainment
- Opportunities to connect with other local families
- Exhibitors from local organisations and the med-tech community

Community One Walks are designed to be inclusive, family-friendly events that bring communities together while making a meaningful contribution towards accelerating breakthroughs for everyone living with T1D.



Your role as a Community One Walk Champion Volunteer

As a Community One Walk Champion volunteer, your role is to build awareness of the event, recruit participants, and make the event impactful and inspiring.

Your key responsibilities are:



- **Community Engagement:** promote the event through local networks, social media, and community groups.



- **Supplier Coordination:** support the Breakthrough T1D Active Events staff team to source a venue and local suppliers for the event.



- **Team Building:** volunteer alongside a small team of Community One Walk Champions, and help the Breakthrough T1D Volunteer Team to recruit volunteers for on the day.



- **Event Delivery:** support staff and volunteers to ensure an inspiring day for your local T1D community. You can continue to volunteer on the day or take part with your family.

Support for you in the role

Our One Walk team will provide support every step of the way to help make your Community One Walk a success.

You'll have a dedicated staff contact who will meet with you online before you get started to talk through the Community One Walk goals, timelines, and what to expect in your role.

We'll also hold regular One Walk Champion meetings, giving you the opportunity to connect with other One Walk Champions to share ideas, learn what's working well in other communities, and ask any questions you may have.

Where possible, we'll arrange up to two in-person meetings at the Community One Walk venue to review logistics and walk the route. You'll be invited to join these sessions.

The Breakthrough T1D Events Team will be responsible for managing the event budget and supplier contracts, as well as coordinating key operational requirements such as insurance and risk assessments.

The team will support the promotion of your Community One Walk through Breakthrough T1D channels and provide resources to help you raise awareness locally.





As part of your support package, we will also provide:

- Breakthrough T1D induction and training including our speakers programme and type 1 diabetes E-learning modules.
- Promotion resources and materials such as event day posters and social media posts.
- Template emails and letters for approaching potential suppliers, sponsors, and local partners.
- Breakthrough T1D Volunteer t-shirt.
- Access to our One Walk fundraising resource hub: https://support.breakthrought1d.org.uk/event/one-walk/resources

